

Menu is subject to change due to availability.

We apologize for any inconvenience.

All of our meals are designated and approved by a certified nutritionist.

Wise County Committee on Aging October 2024

Due to current financial restraints, we do not have the budget to customize individual meals. Please donate!

**Weekend meals are for Home
Delivered Meals.**





| | | Tuesday 10/1/2024 | Wednesday 10/2/2024 | Thursday 10/3/2024 | Friday 10/4/2024 | Saturday 10/5/2024 |
|--|---|---|---|--|---|---|
| | | Lemon Pepper Chicken Cauliflower & Red Pepper Seasoned Spinach Roll Chocolate Brownie | Chef's Salad w/Shredded Cheese 3 Bean Salad Broccoli Salad | Chicken Pasta Primavera Italian Green Beans Fresh Tossed Salad Dressing Garlic Bread | Tuna Casserole Green Peas/Red Pepper Slices Pickled Beets Dinner Roll Fruit Crisp | Hamburger on Bun w/Slice of Cheese French Fries Chuck Wagon Beans Lettuce, Tomato, Onion Fruit |
| Sunday 10/6/2024 | Monday 10/7/2024 | Tuesday 10/8/2024 | Wednesday 10/9/2024 | Thursday 10/10/2024 | Friday 10/11/2024 | Saturday 10/12/2024 |
| Baked Chicken Breast Red Beans and Rice Okra Cuts Cornbread Mandarin Orange Fluff | Pork Roast Mashed Potatoes Seasoned Green Beans Bread Melon Cubes | Beef Burgundy Fluffy Rice Steamed Baby Carrots Roll Lemon White Chocolate Cookie | Chicken Enchilada Bake Spanish Rice Salsa Pinto Beans Emerald Pears | Beef Pepper Steak Garlic Mashed Potatoes Capri Vegetables Roll or Bread Fruit | Hamburger on Bun Baked Beans Lettuce, Tomato, Onion Mustard Fruit Crisp | Chicken Rice Casserole Calico Corn Lemon Broccoli Roll or Bread Snickerdoodle Cookie |
| Sunday 10/13/2024 | Monday 10/14/2024 | Tuesday 10/15/2024 | Wednesday 10/16/2024 | Thursday 10/17/2024 | Friday 10/18/2024 | Saturday 10/19/2024 |
| Baked Ham Baked Sweet Potato Roll or Bread Buttermilk Cake | King Ranch Chicken Casserole Fluffy Rice Mixed Vegetable Roll Fruit | Chicken & Dumplings Buttered Corn Carrots Roll Chocolate Brownie | BBQ Chicken Breast Roasted Corn & Peppers Tangy Coleslaw Roll Oatmeal Raisin Cookie | Beef Goulash w/Noodles Tuscan Blend Vegetables Breadstick Fruit Cobbler | Chef's Salad Green Pea Salad Mandarin Orange Crackers | Chicken Parmesan Bowtie Pasta Brussels Sprouts Garlic Bread Stick Iced Cherry Cake |
| Sunday 10/20/2024 | Monday 10/21/2024 | Tuesday 10/22/2024 | Wednesday 10/23/2024 | Thursday 10/24/2024 | Friday 10/25/2024 | Saturday 10/26/2024 |
| Sant Fe Pork Cubes Fluffy Rice Green Beans w/Onions Roll Chocolate Chip Bar Cookie | Turkey Tetrazzini Green Peas Carrots Roll Hot Cinnamon Apples | Salisbury Steak Red Roasted Potatoes Zucchini Roll Pineapple Chunks | Turkey Sausage & Peppers Cheese Grits Spinach Cornbread Peaches | Chicken & Broccoli Stir Fry Fluffy Rice Spiced Carrots Fruited Cherry Gelatin | Ham and Beans Turnip Greens Onion Slices Cornbread Banana Pudding w/Wafers | Italian Meatballs Spaghetti w/Sauce Broccoli Garlic Bread Hot Spiced Peaches |
| Sunday 10/27/2024 | Monday 10/28/2024 | Tuesday 10/29/2024 | Wednesday 10/30/2024 | Thursday 10/31/2024 |   <p>Organized Wise County Lunches for Seniors Menu Manager by Sen & Health Company Open to Seniors 65+ Tel: 627-1090</p> | |
| Crunchy Baked Fish Potato Wedges Buttered Peas Chocolate Brownie | Turkey Taco Salad Pinto Beans Pineapple Oatmeal Raisin Cookie | Baked Rosemary Chicken Whipped Sweet Potato Green Beans Roll Cinnamon Apricots | Turkey Meatloaf Mashed Potatoes Glazed Carrots Roll Rosy Pears | Chili Fluffy Rice Tossed Salad Roll Italian Dressing Escalloped Peaches | | |